

Parents as Teachers™

FACT SHEET

A deeper approach to building strong families and promoting positive parent-child interaction, so children are healthy, safe and ready to learn.

More than 25 years ago, **Parents as Teachers** developed its evidence-based home visiting model using the best research available on child development. Today, Parents as Teachers continues to build on this long history by adopting a deeper approach to training and curricula – one that provides a broader context of parenting education and family support, building protective factors, especially for those families in vulnerable situations.

Core Competencies

Parents as Teachers provides evidence- and research-based training that supports parent educators as they develop proficiencies in five core areas:

> **Family Support and Parenting Education:**

Parent educators give families the education and support they need to promote their young children's healthy development and prepare them for success in school and life.

> **Child and Family Development:**

Parent educators help parents to understand what to expect during each stage of development and how to promote the best development in their children.

> **Human Diversity within Family Systems:**

Parent educators demonstrate respect for the unique needs of families and understand the influence of diverse family systems, culture and socioeconomic status in child development and school readiness.

> **Health, Safety and Nutrition:**


Parent educators help parents establish healthy and safe environments and parenting practices that allow children to learn, grow and develop to realize their full potential.

> **Relationships between Families and Communities:**

Parent educators strengthen families by building partnerships, connecting parents to supports, and fostering parent engagement and leadership in schools and community organizations.

This deeper approach to training and curriculum allows parent educators to:

- > Provide child development, parenting information and additional resources for family support.
- > Use a clear outline and evidence-based process for working with families.
- > Build skills in the five core competencies areas.
- > Select a training path that enhances the services they already provide, allowing them to tailor information to the specific needs of each family and provide practical, hands-on application for parents in real-world situations.



Our vision is that all children will learn, grow and develop to realize their full potential